

Navigator Guide

Welcome! We are thrilled that you are here and will have the chance to take advantage of this guide to increase your familiarity with the Navigator pages on your DynaVox Compass App, T10 or T15. Our hope is that you will feel supported in beginning to use your device during your daily activities.

We have provided several activities designed to support you in learning about the tools available in your Pageset. You'll learn how to use them alone and in connection with each other. Each activity begins with an exercise to get you familiar with using the new tool. Following that you will practice using it in realistic situations.

Level 1

- In Control: Using the Dashboard
- Quick Communication with Keyboards and Prediction
- Say it Again with Message History
- Communicating Needs and Conversing with QuickPhrases
- Making the Most of your Whiteboard*

** This lesson may not apply to all individuals using the Navigator pageset*

Level 2

- Controlling your Environment with Remotes
- Engage Others with QuickFires
- Telling Stories with Photo Albums
- In Control: Using the Dashboard—More Tools

**This lesson may not apply to all individuals using the Navigator pageset*

Level 3

- Expressing Your Opinion with Rating Scales
- In Control: Using the Dashboard—More Tools

Level 4

- Optimizing Navigator Pageset for Different Situations: Profiles
- In Control: Using the Dashboard—More Tools

Level 5

- Talk about your Favorite Topics (includes how to find vocab and a list of resources)
- Be Specific with Word Lists
- In Control: Using the Dashboard—More Tools

Navigator Guide FAQ's

1. What are System Levels?

System Levels introduce Communication Tools in a systematic way to help you become comfortable with and begin to use them. Everyone starts on Level 1. You may go all the way up to Level 5 or you may stay at any Level from 1 to 4. Where you stop depends on the combination of tools with which you are most comfortable and where you are most successful. The important thing to remember is that you are not required to make it to Level 5. The System Levels are simply a structured way to add Communication Tools to the device.

2. Do I need to master each activity before moving on?

No! Moving on to the next activity is up to you. These activities are a guide to help you become more comfortable communicating with the Navigator page set. It is OK if you want to look ahead to the next set of Communication Tools before you fully master your current set. You may find a tool that makes you even more efficient and successful!

3. How long will it take me to complete one activity?

The time it takes to go through activities to complete a System Level will vary depending on your abilities, comfort level, and how much you want to tackle at once.

4. How do I know when to stop?

Settling in at one System Level is up to you. These questions may help you decide:

- Do I have access to the tools I need to communicate my needs and wants?
- Am I feeling comfortable at the level?
- Am I interested in additional tools?

5. How do I use this guide?

You can download the activities based on the Level you are working on. Each activity starts with a Focusing activity to introduce you to the tool, a Skill Building activity to practice exploring what the tool does, and a Participation activity to use the tool in real life scenarios.

6. Do I do these in therapy or at home?

These activities are written for you to do these at home; however your speech therapist may use them with you in therapy as well.

Remember, you can always move up or down Levels in the system as your needs change. You never have to worry about losing the customization you've done. It will move along with you!

Goal: Express Your Opinion with Rating Scales

Description: At times when it is difficult to communicate using speech, communication partners may resort to yes/no questions to ask opinions. Yes/No questions may be limiting since questions can get fairly complex and they don't provide a concise measure of an opinion (e.g. 7 out of 10 is more revealing than a "yes"). Rating scales provide a way to share more substantial opinions and make comparisons.

Activity 1

Focusing	<p>There are 5 different Rating Scales you can choose from in the Levels menu.</p> <ul style="list-style-type: none">• 1-3• 1-5• 1-10• Text• Text w/ Symbols <p>The default Rating Scale is 1-5. Navigate to the Rating Scale and take a look.</p> <p>Besides a Rating Scale, you also have access to a pain scale. This scale is numbered 1-10. You may have used a scale like this in your doctor's office.</p>			
Skill Building	<p>1. Once you have selected a Rating Scale, practice selecting the buttons to hear what is spoken.</p> <p>2. Practice answering questions using the Rating Scale. Below are some questions to practice answering:</p> <table><tr><td><ul style="list-style-type: none">• What do you think of the weather?• How was the game last night?• What do you think about this outfit?• How would you rate their coach?• What do you think of the players?• How hard was that for you?• How did I do?• What did you think of the meal?• What did you think of the service?</td><td><ul style="list-style-type: none">• How was the atmosphere?• What did you think about the wait time?• How was my driving?• What is your strength level?• What did you think of that episode?• How was the movie?• How comfortable are you?• How complex was that to use?• What did you think of that house?</td><td><ul style="list-style-type: none">• What did you think of his speech?</td></tr></table>	<ul style="list-style-type: none">• What do you think of the weather?• How was the game last night?• What do you think about this outfit?• How would you rate their coach?• What do you think of the players?• How hard was that for you?• How did I do?• What did you think of the meal?• What did you think of the service?	<ul style="list-style-type: none">• How was the atmosphere?• What did you think about the wait time?• How was my driving?• What is your strength level?• What did you think of that episode?• How was the movie?• How comfortable are you?• How complex was that to use?• What did you think of that house?	<ul style="list-style-type: none">• What did you think of his speech?
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Participation	<p>Now use the Rating Scale in conversations with people.</p> <p>Have a caregiver or friend engage in a conversation with you about a topic of interest.</p> <p>Use the Rating Scale to give your opinion focusing on basic wants and needs, questions and answers, conversation, personal stories, activities of daily living, and directing your care.</p>			

Data/Notes

Goal: In Control: Using the Dashboard--More Tools

Description: The Dashboard allows you to adjust settings in your DynaVox as well as access additional tools. You access it from your Toolbar. What you see will depend on what level you are currently on. As you increase levels, more tools are added to the Dashboard. This activity will work on navigating to those tools.

Activity 2

Focusing	<p>If you have not done the Dashboard Level 1 and 2 activities, you may want to complete those first in order to get familiar with all that is available on the Dashboard.</p> <p>Here is what is added at Level 3:</p> <ul style="list-style-type: none">• Rating Scale
Skill Building	<p>Practice the following tasks:</p> <ol style="list-style-type: none">1. Go to the Rating Scale and give your opinion
Participation	<p>Practice using the Dashboard in the following scenarios:</p> <ol style="list-style-type: none">1. You want to give your opinion about something2. You need to rate your pain at the doctor's office.

Data/Notes