



Stay Healthy with Tips from Tobii Dynavox

Children are messy - it's how they learn and experience the world. However, in times like these we want to protect children from getting sick and from spreading illness to others. Proper handwashing routines are integral to keeping our families healthy. It can be difficult for children to successfully carry out the steps required for thorough handwashing. Let Tobii Dynavox help.

Below you'll find Picture Communication Symbol (PCS®) resources to help teach children how to stop the spread of the Coronavirus.

[5-Step Handwashing Sequence](#)

[7-Step Handwashing Sequence](#)





[How to Stay Healthy Checklist](#)

Follow these steps to implement the resources:

1. Download these supports and review them with your child.
2. Pick the handwashing sequence that fits the language level of your child.
3. Hang the appropriate handwashing sequence by each sink in your home.
4. Review them often and encourage your whole family to use them for successful handwashing routines.

Bonus! For some added fun, take a video on your phone of your child completing the handwashing routine to teach the rest of your family how to stay healthy!

Hand Washing

- 1 Get soap 
- 2 Wet hands 
- 3 Scrub hands with soap and water 
- 4 Rinse hands with water 
- 5 Dry hands with clean cloth or paper towel 



Wash your hands to stay healthy

- Wash your hands as long as it takes to sing Happy Birthday twice 
- Wet your hands with water 
- Put soap all over your hands 
- Rub your hands together 
- Scrub the front and back of your hands and between your fingers 
- Rinse your hands 
- Dry your hands 

PCS® by Tobii Dynavox® and Boardmaker® For a free trial go to www.boardmakeronline.com

We hope these supports help to keep you and your loved ones healthy.

To find all our Coronavirus related resources, [click here](#). Additionally, we invite you to see what [live web events](#) we're running. And don't forget to check out our [Learning Hub](#) for free on-demand courses that also provide ASHA CEUs.

For more "At home learning" resources, please [click here](#).