

COMMUNICATION BOARD (POLISH-ENGLISH)

Ból pain	Zmęczenie tired	Mdłości nauseous	Sterowanie TV tv control	Zadzwoń po światła call light	Światło lights
Gorąco hot	Zimno cold	Przestraszony scared	Balsam lotion	Okulary glasses	Lekarstwa medicine
Swędzący itchy	Kręci się w głowie dizzy	Niewygodny uncomfortable	Umyć twarz wash face	Pomadka chapstick	Koc blanket
Zmień mi pozycję reposition me	Oddychanie jest trudniejsze breathing is harder	Potrzebuję pomocy need help	Ochrona twarzy oral care	Skontaktuj się z moją rodziną contact family	Porozmawiaj z lekarzem talk to doctor
Muszę do toalety bathroom	Odessaj mi buzię suction mouth	Odessaj mi rurkę suction trach	Mam pytanie have a question	Wizyta rodziny? family visit?	Co się dzieje? What's happening?
Nie resuscytować do not resuscitate	Sprawdź mój cewnik check catheter	Osoba religijna religious person	Jak długo jeszcze? How much longer?	Jaki jest mój stan? How am I doing?	Co dalej? What's next?
Nie intubować do not intubate	Zadawaj mi pytania na Tak/Nie ask yes/no questions	Tak yes	Nie jestem pewny not sure	Nie no	Dziękuję thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

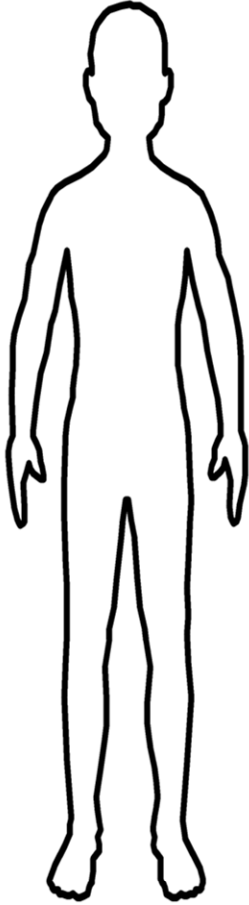
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

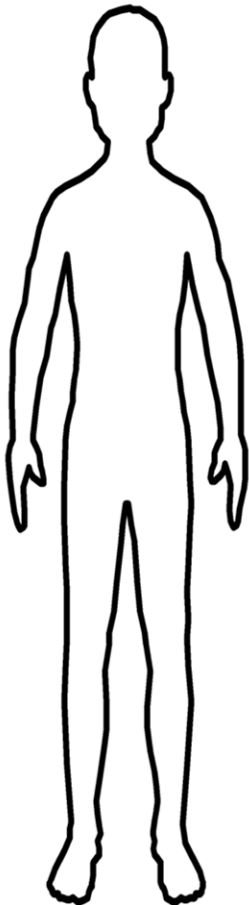
3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9

SPELLING BOARD (POLISH)

A	Ą	B	C	Nowe słowo <small>New word</small>	Rozpoczne od nowa <small>Start again</small>				
Ć	D	E	Ę	TAK <small>yes</small>	NIE <small>no</small>				
F	G	H	I	J	K				
L	Ł	M	N	Ń	O				
Ó	P	Q	R	S	Ś				
T	U	W	Y	Z	Ż				
1	2	3	4	5	6		7	8	9