

COMMUNICATION BOARD (CATALAN-ENGLISH)

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|--------------------------------------|--------------------------------------------------------|---------------------------------------|-----------------------------------------|---------------------------------------------|----------------------------------------|
| dolor pain | cansament tired | nàusea nauseous | control TV tv control | llum de assistència call light | il·luminació lights |
| calor hot | fred cold | ensurt scared | loció lotion | ulleres glasses | medicina medicine |
| picor itchy | mareig dizzy | incòmode Uncomfortable | rentar cara wash face | crema de llavis chapstick | manta blanket |
| acomoda'm reposition me | més difícil respirar breathing is harder | necessito ajuda need help | cura oral oral care | trucar a la meva família contact family | parlar amb el doctor talk to doctor |
| usar el bany bathroom | succió boca suction mouth | succió traqueotomia suction trach | tinc una pregunta have a question | visita de la meva família? family visit? | què passa? What's happening? |
| no ressuscitar do not resuscitate | revisa el catèter check catheter | persona religiosa religious person | quant de temps més? How much longer? | què tal estic? How am I doing? | què passa ara? What's next? |
| no intubar do not intubate | pregunta'm per contestar Sí/No ask yes/no questions | sí yes | no estic segur not sure | no no | gràcies thank you |

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

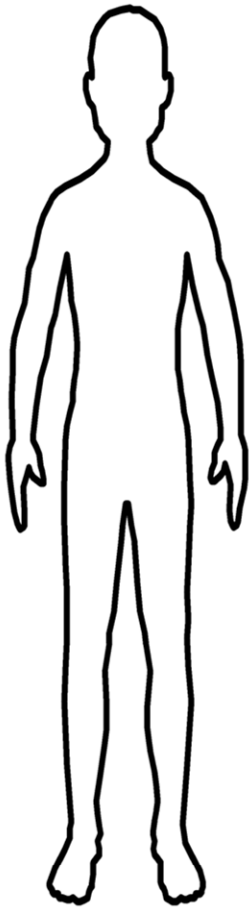
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3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

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5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (CATALAN-ENGLISH)

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|---|---|---|---|-----------------------------|-----------------------------------|--------------------------------------------------------------------------------------|---|---|----|
| A | B | C | Ç | Paraula nova new word | Començar de nou start again |  | | | |
| E | D | F | G | YES yes | NO no | | | | |
| I | H | J | K | L | M | | | | |
| N | O | P | Q | R | S | | | | |
| T | U | V | W | X | Y | | | | |
| Z | | | | | | | | | |
| | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |