

COMMUNICATION BOARD (CHINESE-ENGLISH)

很痛 pain	很累 tired	感觉恶心 nauseous	电视遥控器 tv control	打开/关闭 呼叫灯 call light	调整灯光 lights
很热 hot	很冷 cold	害怕 scared	润肤乳 lotion	眼镜 glasses	吃药 medicine
有点痒 itchy	晕晕的 dizzy	不舒服 uncomfortable	洗脸 wash face	润唇膏 chapstick	毯子 blanket
调整我的位置 reposition me	呼吸困难 breathing is harder	我需要帮助 need help	口腔护理 oral care	联系我的家人 contact family	和医生说 talk to doctor
上厕所 bathroom	从嘴巴吸痰 suction mouth	从气管吸粘液 suction trach	我有一个问题 have a question	家属探访 可以吗? Family visit?	发生了什么? What's happening?
不要抢救 do not resuscitate	检查我的导管 check catheter	信仰宗教的人 religious person	还要多久? How much longer?	我怎么样了? How am I doing?	接下来 是什么? What's next?
不要插管 do not intubate	问我“是/不是” 的问题 ask yes/no questions	是 yes	不确定 not sure	不是 no	谢谢你 thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

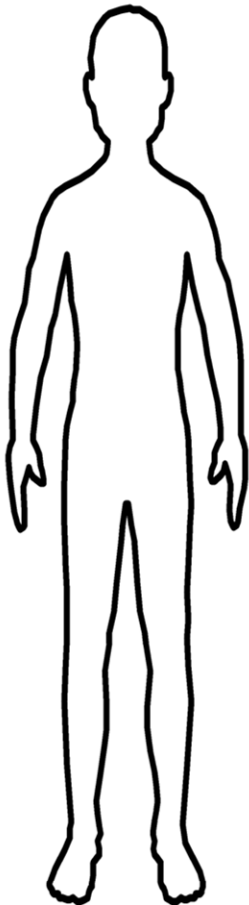
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9