

COMMUNICATION BOARD (LATVIAN-ENGLISH)

Sāpes pain	Noguris tired	Slikta dūša nauseous	Televizora pults tv control	Man vajag palīdzību call button	Regulējiet gaismu lights
Karsts hot	Auksts cold	Man bail scared	Losjons lotion	Brilles glasses	Zāles medicine
Nieze itchy	Griežās galva dizzy	Man ir neērti uncomfortable	Nomazgājiet seju wash face	Lūpu balzāms chapstick	Sega blanket
Pamainiet manu pozu reposition me	Palika grūtāk elpot breathing is harder	Palīdziet man need help	Mutes kopšana oral care	Sazinieties ar anu ģimeni contact family	Runāt ar ārstu talk to doctor
Man vajag uz tualeti bathroom	Atsūciet šķidrumus no manas mutes suction mouth	Iztīriet manu stomu suction trach	Man ir jautājums have a question	Vai ģimene var atnākt? Family visit?	Kas notiek? What's happening?
Ateikkšanās no atdzivināšanas do not resuscitate	Pārbaudiet manu kateteru check catheter	Reliģiska persona religious person	Cik ilgi? How much longer?	Kā man iet? How am I doing?	Kas tālāk? What's next?
Atteikšanās no intubācijas do not intubate	Uzdodiet man jā/nē jautājumus yes/no questions	Jā yes	Nēesmu dross not sure	Nē no	Paldies thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

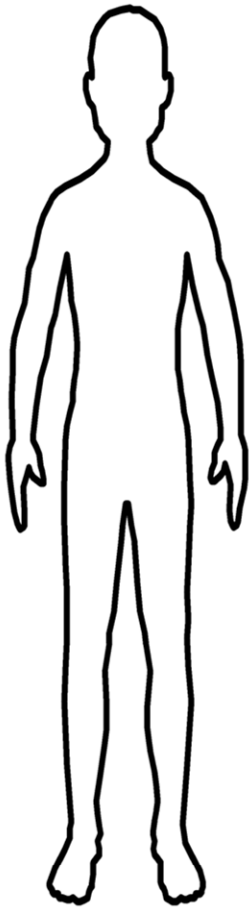
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	Jauns vārds <small>new word</small>	Gribu sākt no jauna <small>start again</small>				
E	F	G	H	Jā <small>yes</small>	Nē <small>no</small>				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9