

# COMMUNICATION BOARD (JAPANESE-ENGLISH)

痛い pain	だるい tired	吐き気 nauseous	テレビのリモコン tv control	ナースコール call button	照明 lights
暑い hot	寒い cold	怖い scared	化粧水 lotion	眼鏡 glasses	薬 medicine
かゆい itchy	めまい dizzy	心地よくない uncomfortable	顔を拭いて wash face	リップクリーム chapstick	毛布 blanket
体の向きを変える reposition me	前より息苦しい breathing is harder	助けて下さい need help	口腔ケア oral care	家族に連絡して contact family	医者に相談する talk to doctor
トイレにいきたい bathroom	口から痰をとって suction mouth	気管から痰をとって suction trach	質問がある have a question	家族は来ますか？ Family visit?	何がおこっているの？ What's happening?
蘇生処置をしないで do not resuscitate	カテーテルをチェックして check catheter	宗教家に会いたい religious person	後どれくらいかかるの？ How much longer?	私はどうなっているの？ How am I doing?	次はどうするの？ What's next?
挿管しないで do not intubate	はい/いいえで答 えられる質問をして yes/no questions	はい yes	よく分からない not sure	いいえ no	ありがとう thank you

1 2 3 4 5 6 7 8 9 10

# Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

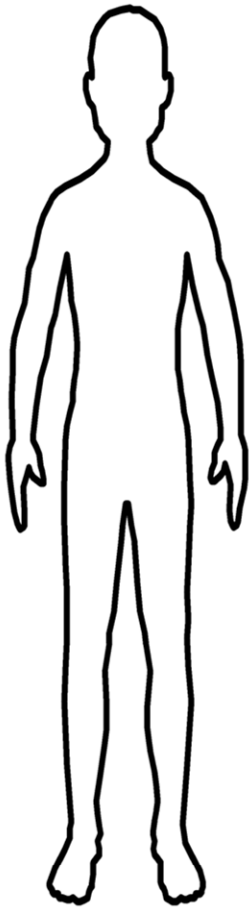
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.


3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.


5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

# SPELLING BOARD (ENGLISH)

A	B	C	D	次の言葉 new word	はじめから もう一回 start again				
E	F	G	H	はい yes	いいえ no				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9