

COMMUNICATION BOARD (FINNISH-ENGLISH)

Kipeä pain	Väsynyt tired	Pahoinvointi nauseous	TV kaukosäädin tv control	Kutsu hoitaja call light	Valot lights
Kuuma hot	Kylmä cold	Pelottaa scared	Kosteusvoide lotion	Silmälasit glasses	Lääke medicine
Kutittaa itchy	Huimaa dizzy	Epämukava uncomfortable	Kasvojenpesu wash face	Huulirasva chapstick	Peitto blanket
Muuttaa asentoa reposition me	Hengittäminen on vaikeampaa breathing is harder	Tarvin apua need help	Suun hoito oral care	Otaa yhteyttä perheeseen contact family	Jutella lääkärin kanssa talk to doctor
Käydä vessassa bathroom	Minulla on nestettä suussa joka tarvii imeä suction mouth	Minulla on limaa henkitorvessa joka tarvii imeä suction trach	Minulla on kysymys have a question	Sopiiko Perhevierailu? Family visit?	Mitä tapahtuu? What's happening?
Ei elvytystä do not resuscitate	Tarkistatko katetrini check catheter	Uskonnollinen henkilö religious person	Kauanko vielä? How much longer?	Miten minulla menee? How am I doing?	Mitä seuraavaksi? What's next?
Ei intubaatiota do not intubate	Kysy minulta kyllä/ei kysymyksiä ask yes/no questions	Kyllä yes	En ole varma not sure	Ei no	Kiitos thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

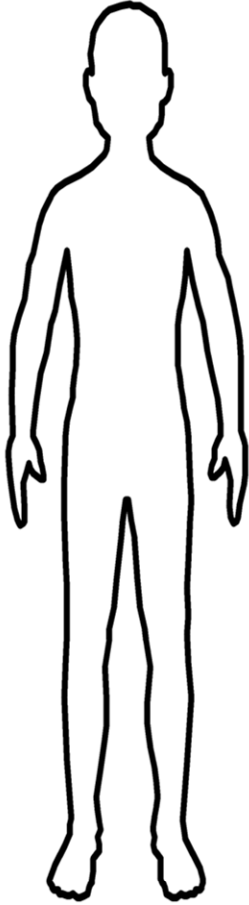
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (FINNISH-ENGLISH)

A	B	C	D	Uusi sana new word	Aloitetaan alusta start again				
E	F	G	H	KYLLÄ yes	EI no				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
Å	Ä	Ö							
1	2	3	4	5	6	7	8	9	10