

COMMUNICATION BOARD (HEBREW-ENGLISH)

כאב pain	עייף tired	בחילה nauseous	שלט tv control	קריאת עזרה call light	אורות lights
חם hot	קר cold	פחד scared	תחליב lotion	משקפיים glasses	תרופה medicine
מגרד itchy	מסוחרר dizzy	לא נוח uncomfortable	שטיפת פנים wash face	צ'פלסטיק chapstick	שמיכה blanket
תשכיב אותי reposition me	יותר קשה לנשום breathing is harder	אני צריך עזרה need help	טיפול בפה oral care	התקשר למשפחה שלי contact family	קרא לרופא talk to doctor
צריך שירותים bathroom	שאיבת הפה suction mouth	צינורית שאיבה suction trach	ש לי שאלה have a question	ביקור משפחתי? family visit?	מה קורה? What's happening?
לא לבצע פעולות החייאה do not resuscitate	בדוק את הקטטר check catheter	מישהו דתי religious person	כמה זמן? How much longer?	מה מצבי? How am I doing?	מה השלב הבא? What's next?
לא לבצע אינטובציה do not intubate	שאל אותי כן/לא שאלות ask yes/no questions	כן yes	לא בטוח not sure	לא no	תודה thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

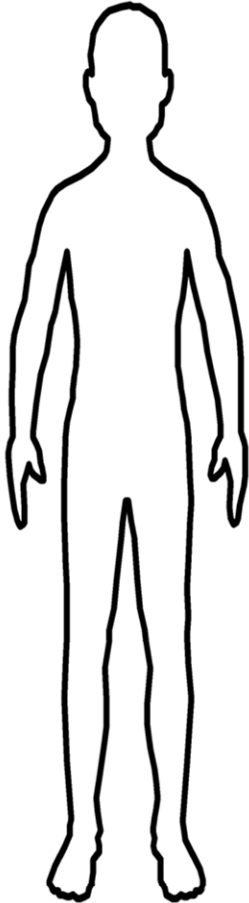
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

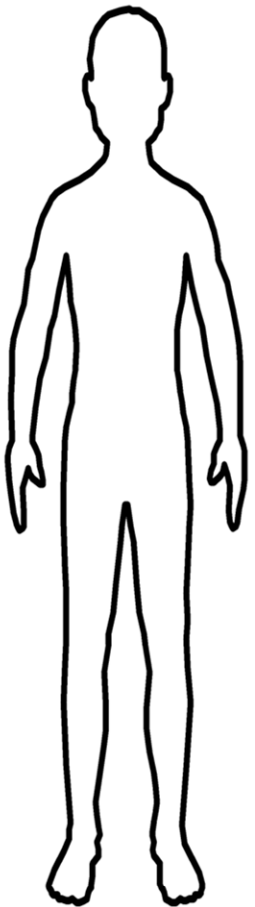
3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9

SPELLING BOARD (HEBREW)

	מתחיל מחדש Start again	מילה חדשה New word	ה	ד	ג	ב	א		
	לא no	כן yes	ו	ט	ח	ז	ו		
	פ	ע	ס	נ	מ	ל	כ		
			ת	ש	ר	ק	צ		
1	2	3	4	5	6	7	8	9	10