

COMMUNICATION BOARD (ICELANDIC-ENGLISH)

Verkjar pain	Þreytt/ur tired	Óglatt nauseous	Fjarstýring tv control	Bjalla call button	Ljós lights
Heitt hot	Kalt cold	Hrædd/ur scared	Krem lotion	Gleraugu glasses	Lyf medicine
Klæjar itchy	Svimar dizzy	Óþægilegt uncomfortable	Þvo andlit wash face	Varasalvi chapstick	Teppi blanket
Snúa mér reposition me	Öndun er erfiðari breathing is harder	Ég þarf hjálp need help	Gæta að munni oral care	Tala við fjölskyldu contact family	Tala við lækni talk to doctor
Þarf á WC bathroom	Soga úr munni suction mouth	Soga úr barka suction trach	Ég er með spurningu have a question	Fjölskylda í heimsókn Family visit?	Hvað er að gerast? What's happening?
Ekki endurlífga do not resuscitate	Athuga þvaglegg check catheter	Hitta prest religious person	Hversu mikið lengur? How much longer?	Hvernig gengur mér? How am I doing?	Hvað er næst? What's next?
Ekki barkapræða do not intubate	Spyrðu mig, já/nei yes/no questions	Já yes	Ekki viss not sure	Nei no	Takk fyrir thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

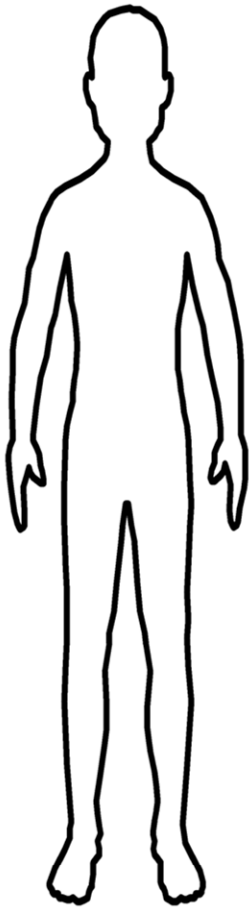
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	Nýtt orð new word	Byrja aftur start again				
E	F	G	H	Já yes	Nei no				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9