

COMMUNICATION BOARD (SWEDISH-ENGLISH)

Ont pain	Trött tired	Illamående nauseous	Fjärrkontroll tv control	Larmsignal call light	Lampor lights
Varm hot	Kall cold	Rädd scared	Hudlotion lotion	Glasögon glasses	Medicin medicine
Kliig itchy	Yr dizzy	Obekväm uncomfortable	Tvätta ansiktet wash face	Läppbalsam chapstick	Filt blanket
Ändra min position reposition me	Svårare att andas breathing is harder	Jag behöver hjälp need help	Munrengöring oral care	Kontakta min familj contact family	Prata med läkare talk to doctor
Använda toalett bathroom	Slemsug mun suction mouth	Slemsug trach suction trach	Jag har en fråga have a question	Kan min familj besöka? family visit?	Vad händer? What's happening?
Återuppliva inte do not resuscitate	Kolla min kateter check catheter	Religiös person religious person	Hur länge till? How much longer?	Hur mår jag? How am I doing?	Vad händer närmast? What's next?
Intubera inte do not intubate	Ställ ja-och nejfrågor ask yes/no questions	Ja yes	Inte säker not sure	Nej no	Tack thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

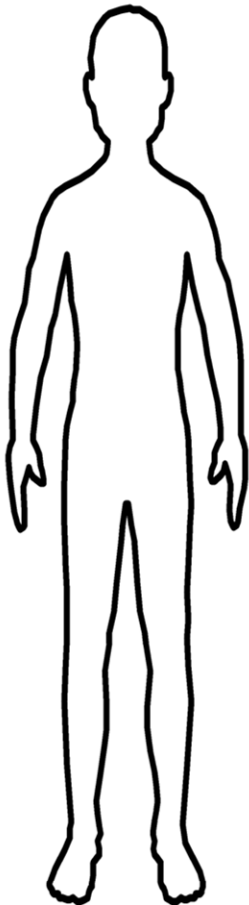
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (SWEDISH-ENGLISH)

A	B	C	D	Nytt ord New word	Börja om Start again				
E	F	G	H	JA yes	NEJ no				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
Å	Ä	Ö							
1	2	3	4	5	6	7	8	9	10