

COMMUNICATION BOARD (ARABIC-ENGLISH)

الم pain	تعبان tired	غثيان nauseous	التحكم بجهاز التلفاز tv control	زر طلب المساعدة call light	الاضوية lights
حار hot	بارد cold	خائف scared	مستحضرات الغسول lotion	نظارات glasses	دواء medicine
حكة itchy	دوار dizzy	غير مريح uncomfortable	غسل الوجه wash face	دهن للشفاة chapstick	بطانية blanket
تغيير وضعي في السرير reposition me	التنفس صعب breathing is harder	احتاج للمساعدة need help	العناية بالفم oral care	الاتصال بعائلتي contact family	التحدث مع الطبيب talk to doctor
اريد الذهاب للحمام bathroom	شفط البلغم من الفم suction mouth	شفط السوائل من القصبة الهوائية suction trach	لدي سؤال have a question	زيارة عائلية family visit?	ما الذي يحدث What's happening?
لا للتنعيش do not resuscitate	التحقق من فحص القسطرة الخاص بي check catheter	مكلف ديني religious person	كم تبقى من الوقت How much longer?	كيف هي حالتي How am I doing?	ما هي الخطوة التالية What's next?
لا للتنبيب do not intubate	اسئلني أسئلة اجيب عليها بنعم أو لا ask yes/no questions	نعم yes	لست متأكدا not sure	لا no	شكرا thank you

1 2 3 4 5 6 7 8 9 10

Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

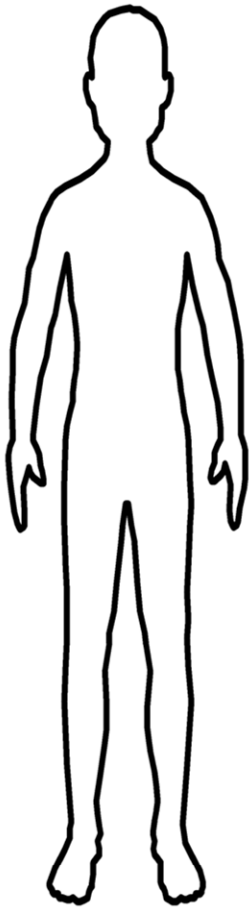
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

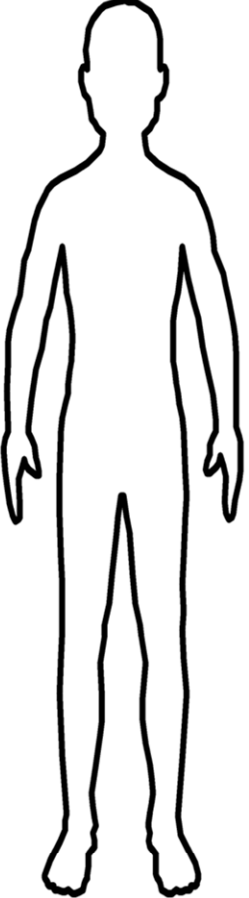
3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.

5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9

SPELLING BOARD (ARABIC)

	كلمة جديدة new word	ابدأ من جديد start again	د	ج	ب	أ			
	لا no	نعم yes	ح	ز	و	ه			
	ن	م	ل	ك	ي	ط			
	ر	ق	ص	ف	ع	س			
	ض	ذ	خ	ث	ت	ش			
					غ	ظ			
1	2	3	4	5	6	7	8	9	10