

# COMMUNICATION BOARD (PORTUGUESE-ENGLISH)

Dor pain	Cansado tired	Enjoo nauseous	Controle da TV tv control	Chamar a enfermagem call light	Luzes lights
Quente/Calor hot	Frio cold	Medo scared	Creme/Loção lotion	Óculos glasses	Medicamentos medicine
Coceira itchy	Tontura dizzy	Desconfortável uncomfortable	Lavar o rosto wash face	Hidratante Labial chapstick	Cobertor blanket
Me posicione reposition me	Está difícil respirar breathing is harder	Eu preciso de ajuda need help	Higiene bucal oral care	Ligue para minha família contact family	Quero falar com o médico talk to doctor
Usar o banheiro bathroom	Aspirar minha boca suction mouth	Aspirar minha traqueia suction trach	Tenho uma pergunta have a question	Minha família pode me visitar? family visit?	O que está acontecendo? What's happening?
Não quero ser resuscitado do not resuscitate	Verifique meu cateter check catheter	Quero falar com um religioso religious person	Por quanto tempo? How much longer?	Como eu estou indo? How am I doing?	E depois? What's next?
Não quero ser intubado do not intubate	Faça perguntas Sim / Não ask yes/no questions	<b>Sim</b> yes	<b>Não tenho certeza</b> not sure	<b>Não</b> no	Obrigado thank you

1 2 3 4 5 6 7 8 9 10

# Communication Board Instructions

1. Tell the person that this is a way for them to communicate while they are on a ventilator.
2. Review some of the messages on the board with the individual. Provide them with an example of how to use it. For example: If you want a blanket, you could touch the word “blanket” on the board.
3. Show them the messages and the spelling board. Tell them they can use the letters to spell what they want to say. This could be names of people or they could spell short phrases etc.
4. Leave the board close to the person. Hand it to them as you are trying to communicate together. Encourage them to use both the phrases and spelling board.

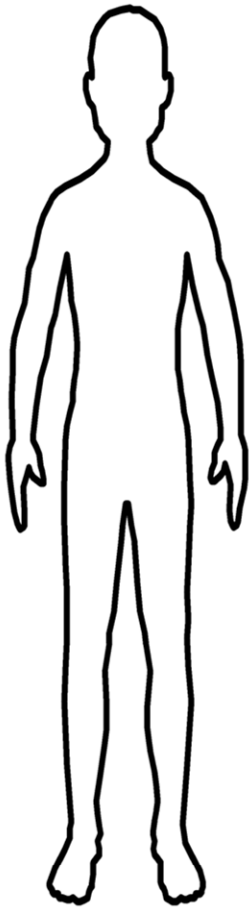
If the individual can't use their hands to touch the board, assist them using the following method:

1. Establish a way for the person to communicate a “yes” response (e.g. looking up).
2. Point to each row in turn and ask if the message or letter is in that row (e.g. “Is it in this row?”). Be sure to pause between each row.

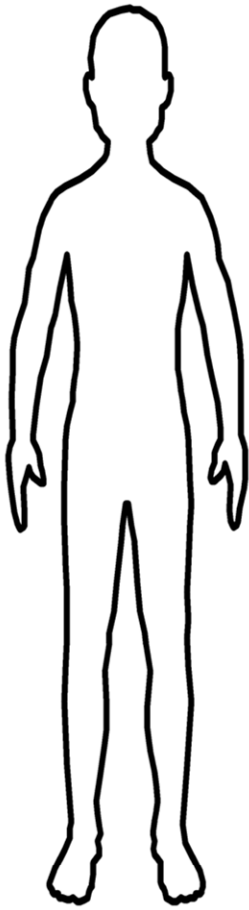

3. The individual will use their “yes” response when you reach the row they want. There is no need for them to communicate “no.” Just look for a yes.
4. Next, review each item in the row they selected. Be sure to pause between each one.


5. The individual will use their “yes” response when you reach item or letter they want.
6. If spelling, you can guess the word after 2 letters are provided, but make sure to ask the individual if it is correct.

# SPELLING BOARD (ENGLISH)

A	B	C	D	New word	Start again				
E	F	G	H	YES	NO				
I	J	K	L	M	N				
O	P	Q	R	S	T				
U	V	W	X	Y	Z				
1	2	3	4	5	6		7	8	9

# SPELLING BOARD (PORTUGUESE)

A	B	C	D	E	F	Nova palavra new word	Começar novamente start again		
G	H	I	J	K	L	Sim yes	Não no		
M	N	O	P	Q	R	S	T		
U	V	W	X	Y	Z				
Ã	Á	À	Â	Ç	É	Ê	Í		
Õ	Ó	Ô	Ú	Ü					
1	2	3	4	5	6	7	8		9